



MOM,
BLOGGER,
PODCASTER,
SOCIAL MARKETER
ESSENTIALIST



Candice Smiley

SAMPLE TOPICS

- Living fully after sexual assault, cheating, narcissistic partners; recognizing subtle abuse, gaslighting and manipulation
- Trusting the Niggle (Listening to your own inner voice, finding yourself)
- Telling the/your Truth - first to yourself, then to the rest of the world (even if your voice shakes).
- That "Plot Twist" is your greatest gift
- Essentialism to reduce anxiety, stress and live your best life
- Boundaries - Setting and Maintaining - the ultimate freedom
- Feminine and Masculine Balance, Healing the fierce feminine
- Finding or Attracting love after betrayal

SAMPLE QUESTIONS:

- Trust the Niggle mean? Tell the Truth?
- You adopted a minimalist lifestyle, why would you recommend others do that as well?
- You say your life is "bigger" since you choose to live "smaller", tell me more about that?
- You survived a sexual assault and didn't commit suicide, why is it so important for you to talk about that openly when its so stigmatized?
- You say grief changed you, how and why do you suggest that others consider living more fully into their truth, even if it hurts in the moment?
- What was it like starting over and overcoming all you have experienced, the trauma and betrayal, also while being a single mother?
- How do you still travel and not lose yourself in your career or your kids? How do you deal with mom guilt?
- How did you get to a place of being open to trust to find new love?



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BLOG

BLOG

<https://www.candicesmiley.com/blog>



PODCAST

www.candicesmiley.com/podcast-archive

BIOGRAPHY:

"20 years ago I survived a sexual assault from my boyfriend.
13 years ago I decided not to kill myself.
10 years ago a narcissistic partner cheated on me multiple times and left me with 350 k worth of bad debt.
8 years ago I went into consumer proposal - time to start over.
6 years ago I welcomed my beautiful daughter into the world.
4 years ago I left my marriage to fall in love with myself and break the pattern of falling for narcissistic lovers.
2 years ago I allowed myself to stop to heal, reconnect with my feminine, moved into my tiny home and found my lifetime love.
This year I started my podcast and am set to welcome my second baby earth side." CS

Candice is a self proclaimed master manifestor and personal development junkie who loves to engage in courageous conversations with other influencers and entrepreneurs. She spends her time living - in a tiny home (250 sq ft), traveling with her daughter - speaking - on her podcast and on stages, and sharing candidly with other women how to find love after betrayal, to trust themselves, to speak up for themselves and set powerful boundaries. She has learned the power of saying no, listening to your own heart and speaks openly about subtle abuse as it occurs in relationships. She's become a voice for listening to your own truth and speaking it powerfully. She knows how to save money, make money online and in creative ways to balance the books as a single mom and yet live your biggest and best life.